# Diversified Physical Therapy, LLC

203-630-3939 1260 East Main St, Meriden

# At Diversified Physical Therapy our goal is to provide quality patient care and to promote prevention and wellness.

## Commonly Seen Physical Therapy Diagnoses

Sprains and strains Thoracic outlet syndrome

Tendonitis Myofascial pain
Ligament and tendon injuries Gait abnormalities
Bursitis Osteoarthritis

Musculoskeletal disorders Rheumatoid arthritis

Headaches Bell's Palsy

S/p fractures Carpal Tunnel Syndrome
S/p surgical procedures Balance and fall prevention

### Men's Health

Pelvic Pain: Prostatits, Pelvic Floor Myalgia

Incontinence: Stress, Urge, Mixed, Retention, Functional

Constipation/Bowel Disorders

#### Women's Health

- Pelvic pain: Vulvodynia, Vaginismus, Vestibulitis, IC, Dyspareunia, Trauma
- ❖ Incontinence: Stress, Urge, Mixed, Retention, Functional
- Constipation/Bowel Disorders
- Musculoskeletal complications during pregnancy
- Osteoporosis
- Pelvic floor laxity/tension
- Diastasis Rectus

#### Spine Dysfunction

Disc herniation s/p surgery
Facet joint problems Scoliosis
Postural dysfunction DJD/DDD

All patients are evaluated and treated by a licensed physical therapist. We provide hands on, evidence based, one on one care for all of our patients. Treatment plans are made specifically for each patient and amended based on the progress of the patient. If you have any questions or would like to refer a patient, feel free to call: (203) 630-3939 or email: Michelle @dpt.necoxmail.com

www.diversifiedpt.com